

Bower Hill Lunch Menu

November 2019





Lucky Tray Day Prize
World Map

1

Sausage/Egg/Cheese Bagel Melt

Chicken Nuggets/Breadstick All American Chef Salad Chicken Ranch Wrap

Green Beans Diced Peaches

4

Pizza Stick & Sauce Boneless BBQ Wings Grilled Chicken Salad Italian Hoagie

French Fries Mandarin Oranges 5

Pizza Hut Pizza

Chicken Quesadilla w/ Rice Grilled Chicken Salad Italian Hoagie

BBQ Pinto Beans Diced Pears 6 National Nacho Day

Nachos Grande Hot Dog Grilled Chicken Salad Italian Hoagie

Corn Grapes 7

Waffles & Sausage

Ham & Cheese Melt Grilled Chicken Salad Italian Hoagie

Green Beans Apple Slices 8

Macaroni & Cheese

Chicken Tenders/Roll Grilled Chicken Salad Italian Hoagie

Steamed Broccoli Diced Peaches

11

Chicken Mashed Potato Bowl/Breadstick

Mini Corn Dogs Popcorn Chicken Salad Breakfast Muffin Pack

Tater Tots Fruit Cocktail 12

Chicken Waffle Sandwich
Bacon Cheeseburger

Bacon Cheeseburger Popcorn Chicken Salad Breakfast Muffin Pack

Baked Beans Diced Pears 13

Doritos Walking Taco Italian Cheese Dunkers

Italian Cheese Dunkers Popcorn Chicken Salad Breakfast Muffin Pack

Corn

fuel

Pineapple Tidbits

4.4

French Toast Sticks & Sausage

Grilled Cheese Popcorn Chicken Salad Breakfast Muffin Pack

Seasoned Carrots Applesauce 15

Pasta w/Meatballs

Chicken Nuggets/Breadstick Popcorn Chicken Salad Breakfast Muffin Pack

Peas & Carrots Diced Peaches

18

Meatball Hoagie

Mini Corn Dogs Ham Chef Salad Turkey Hoagie

French Fries Fruit Cocktail 19

Cheese Pizza

Cheeseburger Ham Chef Salad Turkey Hoagie

Chocolate Pudding Dessert

Baked Beans Diced Pears 20

Doritos Walking Taco

Hot Dog Ham Chef Salad Turkey Hoagie

Corn Pineapple Tidbits 21

Turkey & Stuffing/Roll

Grilled Cheese Ham Chef Salad Turkey Hoagie

and Communication

Mashed Potatoes/Gravy Applesauce 22

Chicken Parm w/ Pasta Chicken Nuggets/Breadstick Ham Chef Salad

Ham Chef Salad Turkey Hoagie

Seasoned Carrots Diced Peaches

25

Chicken Mashed Potato Bowl/Mini Soft Pretzel

Philly Cheesesteak Chicken Caesar Salad Ham Hoagie

Seasoned Peas Mandarin Oranges 26

Pizza Hut Pizza

Popcorn Chicken w/ Roll Chicken Caesar Salad Ham Hoagie

Campfire Pinto Beans Diced Pears 27

No School

28

No School

29

No School

Daily Features:

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt Chicken Patty Sandwich SunButter & Jelly Sandwich Apples, Oranges & Bananas



Be on the lookout!

Ace travels to Italy this month!



Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers!

Please contact Food Service @ 724-941-6251 x 7226